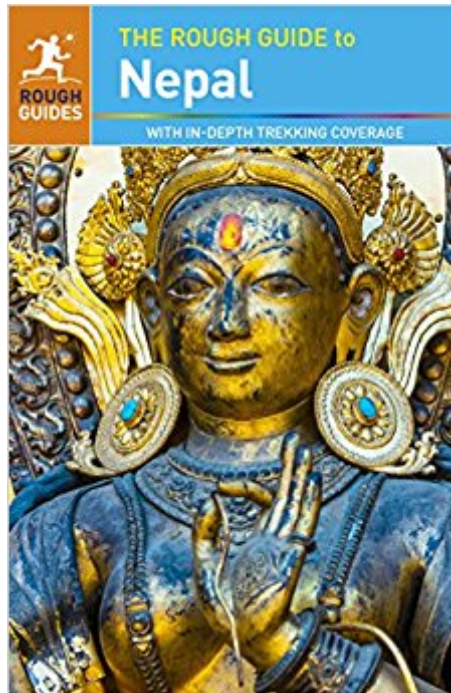




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# The Rough Guide To Nepal (Rough Guide Nepal)



## Synopsis

The Rough Guide to Nepal is the most passionate and knowledgeable guidebook to this inspiring country. It offers an insider's guide to Kathmandu, from its Tantric temples to its lively bar scene. It details all the finest Himalayan treks, with practical, up-to-date and expert advice on when and where to go, and what to take. It covers all the National Parks, offering advice and information on everything from tracking wildlife to hiring elephants. Dedicated chapters are devoted to mountain biking, white water rafting, and other adventure sports, and there is unrivaled detail on Buddhism, Hinduism, and the many ethnic groups that make Nepal a unique destination. For ex-pats and visitors alike, the advice on health and cultural etiquette is second to none. The Rough Guide to Nepal also contains scores of detailed maps that have been checked by hand on the ground, covering everything from Pokhara and the Chitwan National Park to the Everest Base Camp trek. Make the most of your time with The Rough Guide to Nepal.

## Book Information

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This was difficult to read on a Kindle. The maps were unusable. I picked this guide because it was

the most recently updated. It did not prepare us for how to get around Kathmandu. If you want to do sightseeing around Kathmandu without hiring a driver all day every day, you will need another guide to understand your options and logistics. I also went trekking, and did not find the details in this book very helpful in picking a route.

Perfect for visiting Nepal!

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